

A note from your Newsletter Editor (repeated here from prior newsletters):

At a prior meeting another option for meals was discussed. In place of what we have arranged for our meals with the hotel, you can also order any of the meal salads the hotel has on its menu (the meal will have the same cost to you as ordering from our arranged menu). This salad would replace the main course for our lunch. You would receive the other items (the salad and dessert) along with everyone else at lunch. This is especially useful for those of us on special diets. When you reply for the meeting, please let Melody know if you want one of these instead of what is on our menu.

Here are the Hotel's offerings:

Chef Salad – Slices of Ham, Turkey, American and Swiss Cheeses, Hard Boiled Egg Wedges and Tomatoes on a bed of Crispy Greens

Cobb Salad – Chopped Turkey, Bacon, Blue Cheese, Eggs, Tomatoes, Avocado and Mixed Greens

Chicken Caesar Salad – Sliced Grilled Chicken Breast on top of Traditional Caesar Salad

Buffalo Chicken Salad – Chicken Breast in Buffalo Seasonings on top of Mixed Greens

Oriental Chicken Salad – Grilled Chicken Breast on top of Mixed Greens with Wonton Noodles, Cashews, Mandarin Oranges with Sesame Dressing

Novelle Salad – Baby Greens, Craisins, Pine Nuts and a Warm Slice of Goat Cheese with choice of Dressing